

# **FOCUS Dental Coaching**

## An Evidence-Based Approach

Dr. Racich can provide professional Coaching on a one to one basis (individual dentist or office team) as a tutor, over-the-shoulder style, or over-your-shoulder style at your office. Virtual sessions are also available. Each session will be customized to fit your needs. Dr. Racich's curriculum vitae can found on his website: [www.DrRacich.ca](http://www.DrRacich.ca). Areas of dentistry Dr. Racich can lend his expertise to you are:

### **A. Single Tooth Dentistry** (basic concepts, materials, techniques):

- a) operative dentistry
- b) adhesion
- c) tooth coloured restorative materials
  - i) composites (direct & indirect)
  - ii) porcelain (veneers, inlays, onlays, all-ceramic crowns, etc)
- d) cast gold (inlays, onlays, crowns, etc)
- e) provisionals
- f) endodontics (endpoints, restorative foundations)

### **B. Implants:**

- a) comparison of different systems
- b) prosthetic phase (fixed & removable)
- c) placement
- d) grafting
  - i) soft tissue
  - ii) hard tissue

### **C. Occlusion:**

- a) what it is & what it is not
- b) basic concepts & endpoints
- c) equilibration (what, when, how)

### **D. Multi-Tooth Dentistry & Interdisciplinary Care** (case planning & sequencing):

- a) facially generated treatment planning
- b) smile design
- c) Dx work-up including practical use of instruments
- d) orthodontic principles & endpoints
- e) oral surgery: when?
- f) endodontics/ periodontics (especially as related to implantology)
- g) the pain patient (orofacial pain/ TMD)
- h) prosthetics (fixed and removable)

### **E. Practice Management:**

- a) rekindling the excitement of dentistry

- b) continuing education (what, where, why)
- c) goals

**F. Practice Design & Layout:**

- a) form
- b) function
- c) ergonomics
- d) lighting
- e) equipment

**Coaching Fees**

- A. Initial contact and information procurement: no charge
- B. Rates:
  - a) hourly, half day, full day; based on 3K/day
  - b) travelling/accommodation expenses additional
  - c) solo or teams inclusive